

## THREE DAY ADVANCED CERTIFICATION TRAINING IN GROUP SCHEMA THERAPY FOR PERSONALITY DISORDER, COMPLEX TRAUMA AND OTHER CHALLENGING POPULATIONS

A MASTER CLASS WITH with the developers of GST:  
Joan Farrell, Ph.D. and Ida Shaw, M.A., and Paul Kasyanik, Ph.D.



Farrell and Shaw are the authors of **Group Schema Therapy for Borderline Personality Disorder: A Step-by-step Treatment Manual with Patient Workbook**, Wiley-Blackwell, 2012; **The Schema Therapy Clinician's Guide: A Complete Resource for Building and Delivering Individual and Group Integrated Mode Treatment Programs**, Wiley-Blackwell, 2014 and the DVD Set: **Group Schema Therapy: An innovative approach to treating patients with personality disorder**, IVAH-Hamburg, 2011

This 3 day Master Class gives you an opportunity to learn Group Schema Therapy (GST) from its developers (Farrell & Shaw, 1994, 2009, 2012, 2014, 2018). The Advanced Master Class is intended for participants who have completed the Introduction to Group ST. It fulfills the advanced level training requirement for certification in Group ST by the International Society for Schema Therapy (ISST). Each six hour training day fulfills one of the module requirements for certification. Module one focuses on interventions to get through the Maladaptive Coping Modes: including the avoidant and overcompensating modes and mastery of group empathic confrontation interventions. Module two focuses on interventions for the Dysfunctional Parent modes and accessing the Healthy Adult mode. Module three focuses on interventions to reach and heal the Child Schema Modes including group imagery rescripting, playful interventions and limited reparenting by child mode. Each module consists of some didactic and demonstration and primarily practice with observation and coaching. Although the interventions are discussed in terms of their application in Group ST, many are just as applicable to individual and participants report their effectiveness in their individual as well as group work. The "Schema Therapy Clinician's Guide", Wiley 2014 will be referred to in the training as it provides an entire program of group and individual ST that is appropriate for outpatient and more intensive programs like inpatient and day therapy. This 42 session group program is adaptable for a variety of lengths and is transdiagnostic. It has been translated into many languages.

This workshop is part of the curriculum for ISST certification in Group Schema Therapy. You will receive a certificate of attendance upon completion that can be used in the documentation required for that certification. Both the STI-Midwest

Indianapolis and STI St. Petersburg, Russia have ISST approved certification training programs in individual, Group and Child-Adolescent Schema Therapy. We have delivered this training around the world for the last 12 years and are now offering it on Zoom to meet the limitations of the current pandemic.

The training is limited to 30 so that each group will have a dedicated trainer in the practice sessions.

March 5, 6, 7, 2021. 8am – 3:30pm EDST (N.Y.), 13:00-19:30 UTC-GMT

Cost: \$775. USD

A deposit of \$150. Will hold your place in the training.

Balance will be due February 15 unless other arrangements are made.

A registration form and invoice for the deposit (from BASE Consulting Group on PayPal) will be sent upon request.)

Email [drjoanfarrell@gmail.com](mailto:drjoanfarrell@gmail.com) to request a registration form or with questions.