THREE DAY ADVANCED CERTIFICATION TRAINING
GROUP SCHEMA THERAPY

MARCH 18, 19 & 26, 2027

8:30-4:00 Eastern Standard Time, (same as New York)

A MASTER CLASS with the developers of Group Schema Therapy:
Joan Farrell, Ph.D. and Ida Shaw, M.A.

Farrell and Shaw are the authors of **Group Schema Therapy for Borderline Personality Disorder**: A Step-by-step Treatment Manual with Patient Workbook, Wiley-Blackwell, 2012; **The Schema Therapy Clinician's Guide**: A Complete Resource for Building and Delivering Individual and Group Integrated Mode Treatment Programs, Wiley-Blackwell, 2014 and the DVD Set: **Group Schema Therapy**: An innovative approach to treating patients with personality disorder, IVAH-Hamburg, 2011

This 3 day Master Class gives you an opportunity to learn Group Schema Therapy (GST) from its developers (Farrell & Shaw,1994, 2009, 2012, 2014, 2018). The Advanced Master Class is intended for participants who have completed the Introduction to Group ST or have been accepted based upon other training or experience. It fulfills the advanced level training requirement for certification in Group ST by the International Society for Schema Therapy (ISST). Each six hour training day fulfills one of the module requirements for certification. Module one focuses on interventions to get through the Maladaptive Coping Modes: including the avoidant and overcompensating modes and mastery of group empathic confrontation interventions. Module two focuses on interventions for the Dysfunctional critic good Poppy modes and accessing the Healthy Adult mode. Module three focuses on interventions to reach and heal the Child Schema Modes including group imagery rescripting, playful interventions and limited reparenting by child mode. Each module consists of some didactic and demonstration and primarily practice with observation and coaching. Although the interventions are discussed in terms of their application in Group ST, many are just as applicable to individual and participants report their effectiveness in their individual as well as group work.

This year we've added something exciting: **Deliberate Practice** is now integrated into the advanced training, bringing a powerful innovation that accelerates skill-building and deepens clinical competence in ways traditional training simply cannot match.

This is a rare opportunity to learn directly from the source, connect with schema therapy practitioners from around the world, and take your Group ST practice to the next level.
The “Schema Therapy Clinician’s Guide”, Wiley 2014 will be referred to in the training as it provides an entire program of group and individual ST that is appropriate for outpatient and more intensive programs like inpatient and day therapy. This 42 session group program is adaptable for a variety of lengths (e.g., 20, 30) and is transdiagnostic. It has been translated into many languages.

This workshop is part of the curriculum for ISST certification in Group Schema Therapy. You will receive a certificate of attendance upon completion that can be used in the documentation required for that certification. The STI-Cleveland.

STIM-Cleveland has ISST-approved certification training programs in individual, Group, and Child-Adolescent Schema Therapy. We have delivered this training around the world for the last 16 years and are now offering it on Zoom.

The training is limited to 20 so that each group will have a dedicated trainer in the practice sessions.

Cost: $750. USD exclusive of VAT or other taxes of your country.
If paid by PayPal or bank wire transfer, additional fees will be passed on to the participant. No additional fees are charged for Zelle, Venmo or WISE.
A deposit of $200. Will hold your place in the training.
Balance will be due March 14 good, 2026 unless other arrangements are made. Some fee reduction can be requested for emerging countries and financial need.

An application form and invoice for the deposit will be sent upon request.

Email drjoanfarrell@gmail.com to request an application form or with questions.

www.schematherapy-training.com